



# Parish Newsletter

**"If we can just communicate,  
Together we'll walk thru Heaven's Gate"**



ST. WENDELIN'S - LUXEMBURG, MN \*

May 29 2022 - 628th Edition

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Give your all, and know that you will receive. Love  
your deepest, and know you are deeply loved.

Give away as much joy as you can,  
But never let anyone steal it from you.

Appreciation can make a day,  
even change a life.  
Your willingness to put it  
into words is all that is necessary.

We should give as we would receive, cheerfully,  
quickly, and without hesitation; for there is no  
grace in a benefit that sticks to the fingers.

God's Grace can change anybody's fate.

## PARISH FESTIVAL NEWS

Raffle Tickets are printed. Please pick your raffle tickets and workers list in an envelope up in the back of church. Check out where you are working and put the date **JULY 31** and time on your calendar. If you are unable to work please find your own replacement. We need everyone to work their shift.

Start gathering and collecting items for the Lucky Straw and Market Place.

### START SELLING YOUR RAFFLE TICKETS!

If you need more books to sell contact Sue Koshiol 320-252-5665.

If you have a quilt for the Quilt Auction please call Sheila Albers 320-251-7116 or drop it off at the Parish House. The quilting ladies are there a few days during the week.

Lets make this the best Parish Festival ever!!

Always extend your arms a  
little farther than you can reach.

When people have compassion for others,  
God has compassion for them.

## NEXT NEWSLETTER

June 26, 2022

**DEADLINE for News:**

**Monday June 20, 2022**

**If you can get your items in earlier,  
it would appreciated.**

**Get your articles to Sheila Albers  
7876 Ahles Road St. Cloud, MN  
Phone 320-251-7116**

**Or e-mail: [alberssheila@gmail.com](mailto:alberssheila@gmail.com)**

# **FINANCE COUNCIL MINUTES**

**Thursday, May 19, 2022**

Unapproved Minutes

St. Wendelin's Finance Council held its meeting on Thursday, May 19, 2022 at 6:30 p.m. in the School Library at St Wendelin's in Luxemburg.

The meeting opened with a prayer lead by Jeanne Lommel.

Members present were, Jeanne Lommel, Lisa Lichte, Kelly Knier, Father Matthew Crane and Trustees Erin Lommel and Joe Watrin. Members absent – Excused Todd Hurtle.

## **REVIEW OF AGENDA**

A motion was made by Kelly, seconded by Joe and carried unanimously to approve said agenda.

## **REVIEW OF PREVIOUS MINUTES**

The members reviewed the minutes from the March meeting. A motion was made by Lisa, seconded by Kelly and carried unanimously to approve said minutes with the change of the date of next meeting to 2022 instead of 2021.

## **FINANCIAL REPORTS**

The council reviewed all of the Financial Reports: Summary, Profits and Losses, Balance Sheets, etc. Motion to approve said reports was made by Kelly and seconded by Erin. The motion carried.

## **OLD BUSINESS**

Review of the parish budget. A motion was made by Kelly and seconded by Lisa to approve budget, with a couple slight adjustments, was carried unanimously.

## **ACTION ITEM**

Father Matthew will follow up on the Education Endowment Disbursement request for \$1,200 to cover the Faith Formation annual rental fee paid to Holy Cross school. This request was submitted last fall and does not appear to have come out of the endowment account.

Discussion on painting, fixing cracks and possibly replacing the carpeting for church

was talked about. We will use money from the Building Fund, Parish Endowment Fund interest earned, and the Loan Pool Fund.

**ACTION ITEM:** Jeanne to contact John Kaiser to find out how much we can use from the Parish Endowment Fund.

## **NEW BUSINESS**

Discussion of updating the Bylaw's will be done at the next meeting. We need to update the council's Bylaws with the disbanding of the Parish Council, the change in the Cluster Pastoral Council, and with how all Sub Committees will report to the Pastor and the Finance Council.

The meeting adjourned at 7:33 p.m. with a closing prayer lead by Father Crane.

## **NEXT MEETING**

Thursday, September 22, 2022 at 6:30 p.m. at St Wendelin's Library. Finance members will be asked to stay for the Parish Council meeting immediately following the Finance meeting to discuss the combining duties of the two councils.

Respectfully submitted: **Lisa P Lichte**

## **A MESSAGE FROM ST. ANNE'S CHRISTIAN WOMEN**

Members of the St. Anne's Christian Women's group would like to send their thanks to the officers who served their club during the last two years: Pat Salzbrun, President; Char Volkmuth, Secretary; and Jean Schabel, Treasurer.

These three ladies dedicated both their time and talent to our group and for that we have been blessed. Members would also like to thank the following ladies who accepted their nominations and have been voted in as officers for the next two years: Karen DesAutels, President; Ginia Meyer, Vice-President; Stacey Watrin, Treasurer; and Char Volkmuth, Secretary. May God continue to bless our officers and its members.

**Minutes of the  
St. Wendelin's Parish Council Meeting  
May 19, 2022, 7:30 pm  
St. Wendelin's School Library**

**Members Present:** Father Matthew Crane, Tracy Dombrovski, Dan Greenwald, Keith Koltes, Erin Lommel, Char Volkmuth, Joe Watrin, Kathy Watrin

**Guests Present:** Jeanne Lommel, Steve Torborg

**I. Opening Prayer**

Father Crane led the opening prayer to begin the meeting.

**II. Approval of Agenda**

Motion was made to approve the agenda. Motion was seconded and passed.

**III. Approval of Minutes**

Motion was made to approve the minutes of the March 17, 2022 meeting. Motion was seconded and passed.

**IV. Standing Committee Reports**

**A. Finance**

Jeanne Lommel presented to the council the financial reports and shared that our current financial picture is good. Discussion followed regarding last year's bazaar monies, high school subsidy, and the transferring of \$25,000 from checking to investments. Jeanne asked Keith to keep the finance council posted as to the status of the bid process for the upgrade of the church and when money is needed to pay vendors. Motion was made to increase Keith Koltes' pay from \$200/month to \$500/month starting July 1, 2022. Motion was seconded and passed.

**B. Faith Formation**

Tracy reported on the Atrium and how very well the presentations are going in the rectory. Students go to the rectory once a week for the presentation with the application being delivered in the classroom at school. Faith Formation has had a good year with positive feedback from parents. Holy Saints ACC Confirmation is scheduled for May 22, 2022.

**C. Holy Saints ACC**

Father Crane reported on Holy Saints ACC's involvement with Synod and the need to find volunteers for this program. Training for the Synod will be available through the St. Cloud Diocese. The St. Cloud Diocese is asking participation from all ACC's for this activity. The Synod concept is being directed from the Vatican encouraging its members to listen and converse. Tracy reported on a subcommittee that was created to work on a "one priest" Mass schedule and that a proposal was developed for Father Crane's consideration to have an ACC Liturgical meeting with the five parishes represented to discuss common celebration times.

**D. Catholic Community Schools (CCS)**

Tracy reported on the Long Range Planning committee's meeting held last week. Items covered at that meeting included tuition and enrollment.

**E. Maintenance**

Keith Koltes led the discussion on the following topics:

\*\*\*Two bids were reviewed for the plaster repair in the church. Keith and Steve Torborg recommended the lower bid be awarded. The council asked Keith to secure references and Steve volunteered to do further research on the two vendors.

## **PARISH COUNCIL CONTINUED FROM PAGE 3**

\*\*\*Two bids were reviewed for the painting of the church. Steve suggested that the vendors be contacted to negotiate the arranging for and payment of the lift/scaffolding. Discussion followed regarding the timing of this entire project as it relates to weddings, bazaar, etc. This project could take six weeks. Father Crane stated that the 10:00 am Mass would be held in one of the ACC parishes. An outdoor Mass was suggested during the Bazaar time if necessary. Joe Watrin requested that a special meeting be called to address updates on this project. Other areas discussed included pew removal, and time of year that would be best for plastering and painting.

\*\*\*Security system for the school is being researched.

\*\*\*Tuckpointing has been completed in the basement of the rectory.

\*\*\*Standing water has been discovered in the basement of the rectory. Dirt will be placed around the rectory sloping down to eliminate this problem in the future.

\*\*\*Plans for the school walls of the hallways and classroom entrances were put on hold.

\*\*\*Keith asked the council their opinion on crackfilling the parking lot (there are cracks at this time). Joe volunteered to investigate on how frequently this should be done and will get back to Keith.

\*\*\*Church exterior windows were discussed. The windows need caulking, painting, and the plexiglass cleaned. The council agreed that the maintenance committee take care of this.

\*\*\*The Dixon lawn mower has not been used in a long time and Keith suggested selling it to an interested buyer. Motion was made to sell the Dixon lawn mower. Motion was seconded and passed.

\*\*\*Keith shared that additional help is needed with larger projects.

### **F. Envisioning Our Future Committee**

Tracy read to the members the established mission statement of the Envisioning Our Future Committee. Their next meeting is scheduled for June 7, 2022.

## **V. Old Business**

### **A. Pastoral Council/Parish Council**

The transition from a Parish Council to a Pastoral Council was discussed. A joint meeting of the Finance Council and the Parish Council was scheduled for September 15, 2022. Discussion followed regarding the review of the by-laws for the Finance Council and possible changes that may be necessary, the need for more members on the Finance Council, placing the transitioning process and how it will work in the bulletin, and creating subcommittees as the Finance Council sees is needed.

## **VI. New Business**

### **A. Rectory Staff Person**

Tracy was asked to address the possible need for a staff person in the rectory. Discussion followed. Jeanne felt it was not necessary at this time and Fr. Crane stated that he would be open to having a person in the church to assist with pastoral care.

### **B. Parish Groups**

The five parish groups have been re-established into four groups. Each group will have a permanent month for their fundraiser rather than rotating.

### **C. Festival Update**

The posters for the festival have been made up. The event is being placed on the Luxemburg Network facebook page, and Kathy Watrin will place ads on local radio stations, and neighboring parishes.

## **PARISH COUNCIL CONTINUED** **FROM PAGE 4**

### **D. Mary Molitor's Request**

The Lions Club received a request from Mary Molitor to set up a stand during their burger sale. At this stand she would be selling homemade items. Keith wanted the council's approval for this. Council members gave their approval.

### **VII. Next Meeting**

The next meeting is scheduled for September 15, 2022. This will be a joint meeting with the Finance Council.

### **VIII. Adjournment**

Motion was made to adjourn the meeting. Motion was seconded and passed. The meeting was adjourned at 9:56 pm.

### **IX. Closing Prayer**

The council prayed the closing prayer.

Respectfully submitted,

**Karen DesAutels**, Recording Secretary



Our Parish Choir honored Virginia Meyer and Mary Neidermeier on Sunday, May 1st, when the choir gathered at the Pizza Ranch in Waite Park. The two were recognized for their many years of devoted service in music ministry to our parish.

## **SCHOOL NEWS**

It's hard to believe another school year is coming to an end. We have three students graduating this year. Congratulations to Leo Jacobs, Aiden Messenbrink, and Hope Pabich. I am proud of the hard work and dedication they showed for their school work and as a leader in our school. We wish them luck on their next adventure, and may God bless them always.

The results of our April 23<sup>rd</sup> fundraiser are in. Thanks to you, we raised \$45,000 for our school. THAT IS UNBELIEVABLE!!! What an amazing community we have!!!

We celebrated our volunteers with a mass and light breakfast earlier this month. We are grateful for them and enjoyed having them in our building again. We remembered Jean VanderEyck as one of our long-time volunteers. Jean volunteered at school for many years. She continues to be missed in our building. I know God has her in his arms as she looks down on us. We miss you, Ms. Jean.

I also want to thank our teachers and staff for making this year great! We say good-bye to Mrs. Meyer as she has decided to stay home with her two babies. We also say good-bye to Mrs. Thomas, our music teacher. May you both be blessed with happiness and good fortune.

Earlier this month we spent an afternoon with our grandparents. We sang a few songs, had treats, and played Bingo. It was so nice to see the gym full of grandparents with their grandchildren.

We have three days of school remaining. We will celebrate our graduates on Wednesday and have our annual field day. I pray for warm sunny weather for there may or may not be water balloons involved. Have a wonderful summer Everyone. Feel free to stop by and say hi whenever you see my white van in front of school.

Blessings,

**Lynn Rasmussen**

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## **PRESCHOOL NEWS**

The preschoolers have been loving the month of May!

We felt so much excitement celebrating Mother's Day that we decided to celebrate Father's Day as well. The kids made homemade art projects for each of their parents. We also got to celebrate our amazing Grandparents, on Grandparents Day the students had a short performance and ended the day playing bingo and eating yummy treats.

Wow, has the weather been crazy this month? We have spent lots of time practicing a tornado drill and talking about how the weather can be windy, rainy, stormy, etc.

Lastly, we are ready for summer!! I'm SO proud of all the work my students accomplished this year. We learned how to count, write our name, learned letter sounds, built a relationship with God, and SO MUCH more.

Have a blessed summer. I look forward to filling you in on all the fun that next school year brings. :)

**Rebecca Linscheid**

## **1<sup>ST</sup> & 2<sup>ND</sup> GRADE NEWS**

Hello and Happy May!

This past month we worked hard to write a classroom book about all the ways God has blessed us. We wrote about many blessings such as life, our parents, shelter, healthy food, school community, and playground. We are also getting VERY excited for summer! We have big plans. Some of us plan to go camping. Some of us will play summer sports. We ALL promised our teacher to read for 20 minutes every single day this summer. If you see us out and about in the community, please help hold us accountable! You are all in our prayers. Please keep our class in your prayers as well, especially as we begin our summer adventures.

**The First and Second Graders**

## **KINDERGARTEN NEWS**

To honor the wonderful mothers of our St. Wendelin's community and mothers everywhere, we are sharing some of the many reasons our kindergartners love their mothers.

I love my mom because when I'm sad she makes me feel better. **Nathan**

I love my mom because she lets me spend time with my grandparents. **Madelyn**

I love my mom because she makes me laugh. **Addison**

I love my mom because she helps me when I'm stuck on a word. **Madison**

I love my mom because she is so thankful for me. **Willow**

I love my mom because she gives me massages. **Hawkins**

I love my mom because she takes me on walks. **Theo**

I love my mom because she helps me make lemonade. **Levi**

I love my mom because she helps me do the dishes. **Oliver**

I love my mom because she loves everyone. **Mia**

I love my mom because she makes homemade chicken soup. **Natalie**

I love my mom because she gives me ice cream. **Rowan**

I love my mom because she takes care of me when I'm sick. **Charlie**

I love my mom because she is kind to other people. **Audrey**

I love my mom because she makes my favorite tomato soup. **Charlotte**

**Mrs. Matchinsky**

### 3<sup>RD</sup>, 4<sup>TH</sup>, & 5<sup>TH</sup> GRADE NEWS

Happy Summer from Mrs. Meyer's 3rd-5th graders! We can't believe that the end of the year is here already. I hope you enjoy our favorite memories from this year:

#### **Abigail Becker**

My favorite memory from third grade is having a new teacher.

#### **Elenore Deering**

My favorite memory of 3rd grade was the Christmas play.

#### **Isabella Gruenes**

My favorite memory of 3rd grade was that I got to perform a Christmas play for a whole crowd.

#### **Leo Jacobs**

My favorite memory of 5th grade was running the mile in gym.

#### **Bryn Kiffmeyer**

My favorite memory of 3rd grade was having a Christmas play.

#### **Landon Kleinschnitz**

My favorite memory of 3rd grade was running the mile.

#### **Rylee Voigt**

My favorite memory of 3rd grade was meeting new friends.

#### **Brooke Koshiol**

My favorite memory of 3rd grade is getting to go to mass every Wednesday to learn about God.

#### **Isaac Lund**

My favorite memory of 3rd grade is making a class book about sea animals with my friends.

#### **Aiden Messenbrink**

My favorite memory of the fifth grade year is making new friends and doing Catholic schools week and the Christmas play.

### 3<sup>RD</sup>, 4<sup>TH</sup>, & 5<sup>TH</sup> GRADE NEWS CONTINUED

#### **Hope Pabich**

My favorite memory of 5th grade is the Christmas play and getting to be Mary.

#### **Michael Pabich**

My favorite memory of 3rd grade was gym class.

#### **Ava Remmel**

My favorite memory of the 4th grade is our pajama day party and when we watched 101 Dalmations together.

#### **Tenley Salzbrun**

My favorite memory from this year in 3rd grade was art because we did this really cool art project. It was a sea turtle, we drew it and then we painted it and then we put salt on it.

#### **Ashley Schill**

My favorite memory of 3rd grade was having western day for Catholic schools week.

#### **Trinity Sis**

My favorite memory of 3rd grade was that we got to do the Christmas play! It was the best play ever!

#### **Carter Vanderwerf**

My favorite memory for third grade is when I met a few new friends.

#### **Elizabeth Watrin**

My favorite memory of 3rd grade was being an author of our class book, it makes me think of funny storytimes.

Thank you to our wonderful school community that helped to make this year full of wonderful memories for these great kids! This will be my last update as a St. Wendelin teacher, as I am taking time off to be at home with my babies. I will miss the kind and generous family here at St. Wendelin's and I will always remember your willingness to support your teachers!

**Mrs. Meyer**

## **MINUTES FROM ST. ANNE'S CHRISTIAN WOMEN'S MEETING**

St. Anne's Christian Women met Tuesday, May 10th, 2022, beginning with a 6:00 p.m. Mass in church at which we honored our 50 year members Mary Bloch, Joey Kiffmeyer, Sue Koshiol, Bev Lehn, Mary Neidermeier and Karen Weber (Karen unable to attend). Membership is grateful to Mass celebrants Fathers Matthew and Erik for their service on our behalf and for their sharing the special occasion with us. During the liturgy, our honored members were given certificates by President Pat Salzbrun and also took part in a procession in which they brought to the front, items of special meaning to our organization. Following Mass, the celebration moved to Mary Hall where honorees enjoyed cake and fellowship with all in attendance including some of their own family members who had come to honor them.

Following this fellowship time, President Pat called to order a brief business meeting at 7:15 p.m. with an opening prayer and pledge of allegiance; approximately 20 members were present. First item on the agenda was election of officers. Nominated and elected were:

- For President, Karen Des Autels
- For Vice President, Virginia Meyer
- For Treasurer, Stacey Watrin
- For Secretary, Char Volkmuth who will stay on

Immediately following this election process, the newly elected were inducted into office with a candle lighting ceremony focusing on spreading the light of Jesus to all.

Meeting then continued with approval of minutes from the April 12, 2022, meeting with one minor change (the number of 50 year members reduced from 7 to 6). Also approved was the treasurer's report showing a balance of \$ 1,464.58 in checking and \$ 2,439.59 in savings for a total of \$3,904.17.

### **Old Business:**

**DCCW Fun, Food and Fund Day,** Thursday, June 16, in Melrose. The deanery has requested our help with the day's events which include Mass, speaker, and silent auction. A sign-up sheet for helping/attending was circulated; fee for our attendees will be covered by our treasury. Karen DesAutels offered to put together a \$20.00 auction basket. The group agreed to give a cash gift in lieu of bringing food items. Follow up will be done to determine amount of gift and also registration details.

**DCCW Annual Fall Conference...**in Alexandria on Sat., September 17<sup>th</sup>. Sign up sheet was passed around for those able to drive or help.

**By Laws Review...**Committee of Pat, Sue and Char met on May 3<sup>rd</sup>. Because the process takes time, they recommended that further action be tabled until our September meeting. Also tabled was the discussion on how best to honor our deceased members, (pray the rosary/honorary pall bearers etc. or not) as these items also come up in our By laws.

### **New Business**

**Thank You Note from Our Parish Quilters...**was received and shared; the note was in appreciation for our recent donation.

**Cluster Confirmation...**will be Sunday, May 22<sup>nd</sup> at 2:00 p.m. at St. Nicholas. Helpers are needed. Sign up sheet was passed for any able to lend a hand.



## **CHRISTIAN WOMEN CONTINUED FROM PAGE 8**

**Commission Reports...**None given

**Appreciation for Outgoing Officers ...**Before adjournment, membership gave outgoing officers Pat Salzbrun and Jean Schabel a hearty round of applause in grateful appreciation for their years of service, also to Char for remaining on as secretary.

**Adjournment at 7:45 pm...**with closing prayer, prayer partner exchange and door prize drawing going to Karen Des Autels. Next meeting will be Tuesday, September 13<sup>th</sup>. Refreshments for the evening and responsibility for them to be determined.

Respectfully Submitted,  
**Char Volkmuth, Secretary**



## **CONGRATULATIONS TO OUR FIFTY YEAR MEMBERS**

St. Anne's Christian Women celebrated six ladies who reached their FIFTY YEAR mark as members of our group. Our celebration for these ladies began with a Mass and was followed by a delightful reception! Shown are Joey Kiffmeyer, Bev Lehn, Sue Koshiol, Mary Bloch and Mary Neidermeier, not shown is Karen Weber. We sincerely congratulate these long-time members and thank them for their dedication to our Christian Women's group!!!

**CHURCH CLEANING  
JUNE 2022  
GROUP 1  
8:00 A.M.**

**JUNE 4**

Mary & Lori Buettner  
Robert & Judy Fandel  
James & Michelle Groinus  
Jim & Tracy Kollman  
Ron & Cheryl Kraemer  
Keith & Erin Lommel  
Greg & Doreen Mackedanz  
Lisa Mullen  
Jeffrey & Nicole Schmitz  
Al & Mary Bloch\*\*\*\*\*

**JUNE 11**

Dan & Karen DesAutels  
Randy & Brenda Dingmann  
Ron & Jeanette Greener  
Henry & Pam Hayenga  
Scott & Rochelle Mercer  
Mary Neidermeier  
Doug & Jessie Schmitt  
Gene & Jane Szczech  
Lee & Julie Wenz  
Jim & Julie Nistler\*\*\*\*\*

**JUNE 18**

Vic & Ann Eldred  
Joe & Jeanie Harren  
Joe & Sandy Harren  
Keith Koltes  
Jenna Mackedanz  
John & Lisa Rist  
Robert & Jane Stang  
Ron & Holly Symanietz  
Kevin & Mary Vanderwerf  
Gary & Cindy Zwilling  
Travis & Laura Lund\*\*\*\*\*

**JUNE 25**

Phillip & Robin Bautch  
Kelly & Shannon Heisick  
Roger & Terri Jochim  
John & Bernice Stang  
John & Terese VanderEyck  
Brian & Jodi Warzecka  
Patrick & Stacey Watrin  
Brian & Victoria Weisen  
Richard Wilson & Amanda Eisenhoefer  
Mike & Joan Schlangen\*\*\*\*\*

If you have \*\*\*\*\* by your name, PLEASE call the other people to remind them to assist in the cleaning of God's House. If you are unable to work, please find a replacement. Thank You!!!

You need to learn how to select your thoughts just the same way you select your clothes every day. This is a power you can cultivate.

Life isn't about waiting for the storm to pass...It's about learning to dance in the rain.

Your mind is a flexible mirror, adjust it to see a better world.

To have hope is to stand amidst life's coldest, darkest storm and see the glorious rainbow forming on the horizon.

We are just beginning to blossom within, just beginning to display a bit of the brightness that will burst forth under the light of God's love.

# RECIPE CORNER

Ron Albers

## TURKEY GUACAMOLE WRAPS

1 small ripe avocado, pitted and peeled  
2 tablespoons mayonnaise  
1-1/2 teaspoons lime juice  
1/4 teaspoon minced garlic  
1/8 teaspoon Louisiana-style hot sauce  
2 flour tortillas (10 inches), room temperature  
1/4 pound sliced deli smoked turkey  
1/2 cup chopped red onion  
1 cup torn romaine

Place the first 5 ingredients in a food processor; process until smooth. Spread over tortillas. Top with turkey, onion and lettuce; roll up. Two servings.

## STRAWBERRY RHUBARB CREAM

1/2 cup chopped fresh or frozen rhubarb  
2 Tbsp. plus 1 1/2 tsp. sugar, divided  
1 1/2 tsp. water  
1/2 cup sliced fresh strawberries  
1/3 cup heavy whipping cream, whipped  
Additional sliced fresh strawberries, optional

In a small saucepan, combine rhubarb, 2 Tbsp. sugar and water. Bring to a boil, stirring constantly. Reduce heat; simmer, uncovered, until tender, about 10 minutes. Transfer to a small bowl; cool mixture to room temperature.

Place strawberries and remaining sugar in a food processor; cover and process until pureed. Stir into rhubarb mixture. Fold in whipped cream. Spoon into 2 parfait glasses or dessert dishes. Cover and refrigerate until chilled. Garnish with additional sliced fresh strawberries if desired.

NOTE: If using frozen rhubarb, measure the rhubarb while still frozen, then thaw completely. Drain in a colander but do not press liquid out.

(1/2 cup is 217 calories)

## SMOTHERED SKILLET BEEF BURRITOS

1 tablespoon vegetable oil  
1 lb lean (at least 80%) ground beef  
1/2 cup diced onion  
1 package (1 oz) Taco seasoning mix  
1/2 cup water  
1 package (11 oz) Flour tortillas (8 inch)  
1 cup Refried beans (from 16-oz can)  
1 1/2 cups cooked rice  
2 cups shredded Mexican cheese blend (8 oz)  
1 can (10 oz) Enchilada sauce  
Chopped fresh cilantro leaves, if desired  
Lime wedges, if desired

Heat oven to 350°F. In 12-inch ovenproof skillet, heat oil over medium-high heat. Add beef and onion; cook 6 to 8 minutes, stirring occasionally, until brown. Drain, and return mixture to skillet. Stir in taco seasoning mix and water. Cook over medium heat 2 to 3 minutes longer or until thickened. Transfer to medium bowl. Clean out skillet; spray with cooking spray.

Place tortillas on work surface. Divide refried beans, rice and beef mixture among centers of tortillas in 4-inch long strip. Evenly top with 1 cup of the cheese. Roll up into burritos, and place seam side down in skillet. Bake 25 minutes.

Drizzle with enchilada sauce; sprinkle with remaining 1 cup cheese. Bake 8 to 10 minutes longer or until cheese is melted and burritos are heated through (165°F). Serve with cilantro and lime wedges.

(You can leave the rice out if you want and it is just as good)



**C.A.R.S.**

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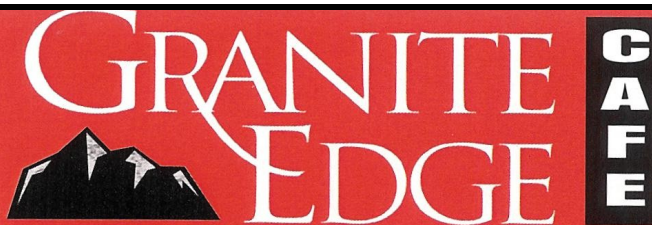
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